



# Platypus Tracks



## Spring Edition 2018



**Inside: \* NAIDOC 2018**

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# From Our Chairperson

Marjorie Pickford



Hi Everyone

Boy hasn't Ballarat winter has hit us hard with very, very cold and wet conditions. Let's hope it starts to warm up soon.

The Board would like to thank Karen Heap and her staff for a very successful NAIDOC community Day on Wednesday 11<sup>th</sup> July at the Ballarat Showgrounds, for the setting up and cleaning up and for the community that came out on a very cold day and only 4 degrees all day.

There were many community members, community stalls and children's activities that made an excellent day for everyone to enjoy and all inside.

The Board would also like to congratulate those that won NAIDOC awards and raffle prizes.

As chair I would like to advise the community that the Board have extended Karen Heap CEO employment contact for 5 years.

The Board would also like to advise that we have seconded Larry Kanoa on to the Board until the AGM. Larry is replacing Aaron Clarke who resigned from the board. Welcome to the Board Larry and all the best Aaron.

The Board will be having a training day to look at how the Board can move forward into the future, with training around Skills Matrix, Strategic Planning and the board role going forward, General skills and capabilities as well as Board Values.

Look at our new building t 104 Armstrong Street, it's well under way and looking very impressive.

Yours Sincerely

Marjorie Pickford



# From Our CEO

## Karen Heap



It's been an exciting and busy few months at BADAC, with more events and great activities in the pipeline.

### **New BADAC Doctors taking new patients:**

We are excited to announce that we have two new doctors, taking new patients. Currently we have same day appointments on most days. All health queries are welcome.

### **New Building:**

Works are progressing on the new building, and with everything so far on target and on time, we are expecting completion this December. Great work Leigh Skelton for his project management.

### **New Staff:**

I am very happy to welcome our new Executive Manager of Early Childhood Services, Rick Balchin, a proud Gunditjmara/ Ngarrinjeri man. The Early Years team is expanding, with two new Koorie Family First Educators now on board, ready to assist Aboriginal and Torres Strait Islander parents to be their children's first educators. We have also recruited new staff in family violence programs.

### **Employment opportunities with BADAC:**

PLEASE! Keep your eye on SEEK, BADAC Facebook and the screens in the community area for jobs being advertised. We want you to apply! Please let us know if you need help with any part of the application process.

### **NAIDOC:**

#### **Carnival October 12 - 14:**

Mark the dates in your diaries! The huge state-wide NAIDOC Football and Netball carnival is on again in Ballarat, for the last year. Grab family and friends and come to MARS stadium for a great weekend showcasing Aboriginal sport, with heaps of fun activities for all the family, including Aboriginal dance workshops and art activities.

The event kicks off on the Friday 12 October with a Welcome to Country, and goes Saturday through to Sunday afternoon. We are hoping to attract 5000 people this year, so please do come and be part of the celebrations. This year's theme is, 'Because of her, we can!'

#### **NAIDOC Family Fun Day:**

Thanks to everyone who came to the BADAC NAIDOC Family Fun Day in July. Everyone helped to make this such a great success, with everyone enjoying themselves despite the cold weather. There were lots of happy faces, and many people stayed for most of the day. Congratulations and thanks to all the organisers, especially BADAC's team Leanne, Tash and Michael.

### **BADAC survey:**

This newsletter has a community survey attached, and we would really appreciate if you could take a few minutes and fill it in. We want to know how to improve our services to community.

You can lodge it online or just hand it into BADAC reception.

Thank you

Kind regards

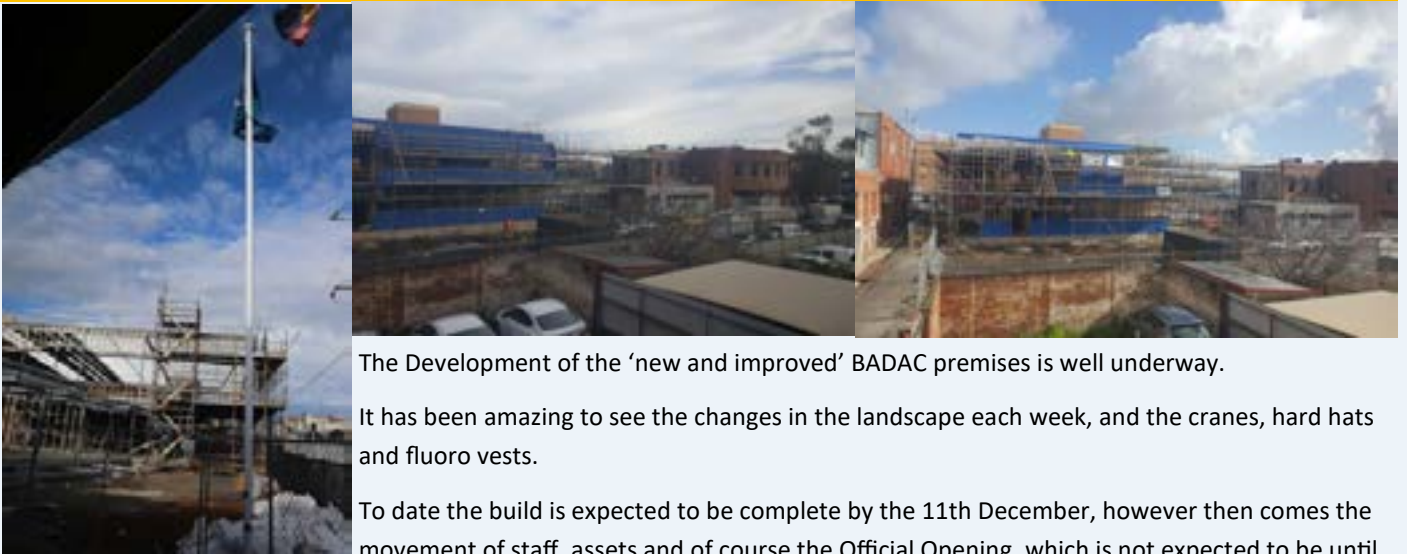
Karen Heap, CEO.





# BADAC Redevelopment

## Update on BADAC Building Site



The Development of the 'new and improved' BADAC premises is well underway.

It has been amazing to see the changes in the landscape each week, and the cranes, hard hats and fluoro vests.

To date the build is expected to be complete by the 11th December, however then comes the movement of staff, assets and of course the Official Opening, which is not expected to be until well into the New Year.

The New Building has of course meant many changes for staff, which includes a renovation at the Offices at 109 Lydiard Street, which will now enable an injection of new staff to the Koorie Family Services Programs, takeover of the building at 212 Mair Street for all the Administration Staff and movement of the Social & Emotional Well Being Services to the existing Medical Centre. 8 Market Street will still be utilised for BADAC services.



BADAC Current Main Entrance—10 Market Street



Administration Staff—212 Mair Street



Koorie Family Services—109 Lydiard Street North



Social & Emotional Well Being Services—8 Market Street

# Baarlinjan Medical Centre

## Bus Trips to BreastScreen

The Best Protection is Early Detection

**Are you a Koorie woman aged 40-74 years?**

Have you have your BreastScreen in the last 2 years?

Join us on either

**Tuesday 23 October 2018**  
**Tuesday 13 November 2018**  
**Tuesday 4 December 2018**

**At 12.40pm & return around 2 pm**

Enjoy some time meeting other women in the community,  
a great afternoon tea and have a free BreastScreen



**Any questions ask Sandy**  
**Bookings can be made at BADAC**  
**Medical Reception 5331 5344**



# Baarlinjan Medical Clinic



## Medical Appointments:

To ensure you receive the best service, please notify Medical Reception upon your arrival at Baarlinjan

Please be available in the waiting room at the time of your appointment for the Doctor or Nurse to avoid missing you and attending to the next patient

Advise Medical Reception if you are unable to attend your Medical appointment. If you need forms to be completed by Doctor's please advise Medical Reception upon making appointment.

They can allow a longer time to complete forms.

## Transport:

Baarlinjan has a Medical Driver for Indigenous Patients whom do not have their own means of Transport.

The criteria for using the Medical pickup service are:

Patient must live, within the Ballarat area

Pickups for **medical appointments** only

Contact must be made the day before appointments

If picked up, once you have seen the Doctor please be available for the driver to take you home

If you have made a booking for transport and you are not going to be at home or no longer wish to be picked up, please inform medical reception ASAP

## Update Contact Details:

To ensure our community receives the best services from BADAC Medical, we would like to request that you please update your contact details if there are any changes, you can do so at Medical when you're in next or phone to let us know.

For Bookings Phone: 5331 5344 (Option 2)

**ALL Medical Services FULLY BULK BILLED**

**BADAC MEDICAL CLINIC WOULD LIKE TO APOLOGISE FOR THE CURRENT DIFFICULTY WITH BOOKING APPOINTMENTS WITH THE DOCTOR. WE EXPECT TO HAVE NEW DOCTORS ON BOARD VERY SOON WHICH WILL GREATLY IMPROVE THE SITUATION. THANKYOU FOR YOUR PATIENCE.**





# Baarlinjan Medical Centre

The health of those  
we love starts with us



## **BECAUSE OF HER WE CAN - NAIDOC 2018**

Date: Tuesday 4th September

Time: 10:45 am

Location: BADAC Community Room

Join us in celebrating women's health week with a morning tea. A gift bag will be given to the first 50 women to join us.



**Women's  
Health Week**  
**3—7 September 2018**

Jean Hailes is supported by funding from the Australian Government.

K. Russell, *Ancestors Knowledge*. August, 2013

Sign up to start making positive  
changes that can last a lifetime.

[womenshealthweek.com.au](http://womenshealthweek.com.au)

**#WomensHealthWeek**   



# Baarlinjan Medical Centre

# Dementia Research

## Let's CHAT Dementia Research

## BADAC partners with Melbourne University to improve dementia care.

**BADAC is teaming up with researchers at the University of Melbourne to improve detection and care for people with cognitive impairment and/or dementia.**

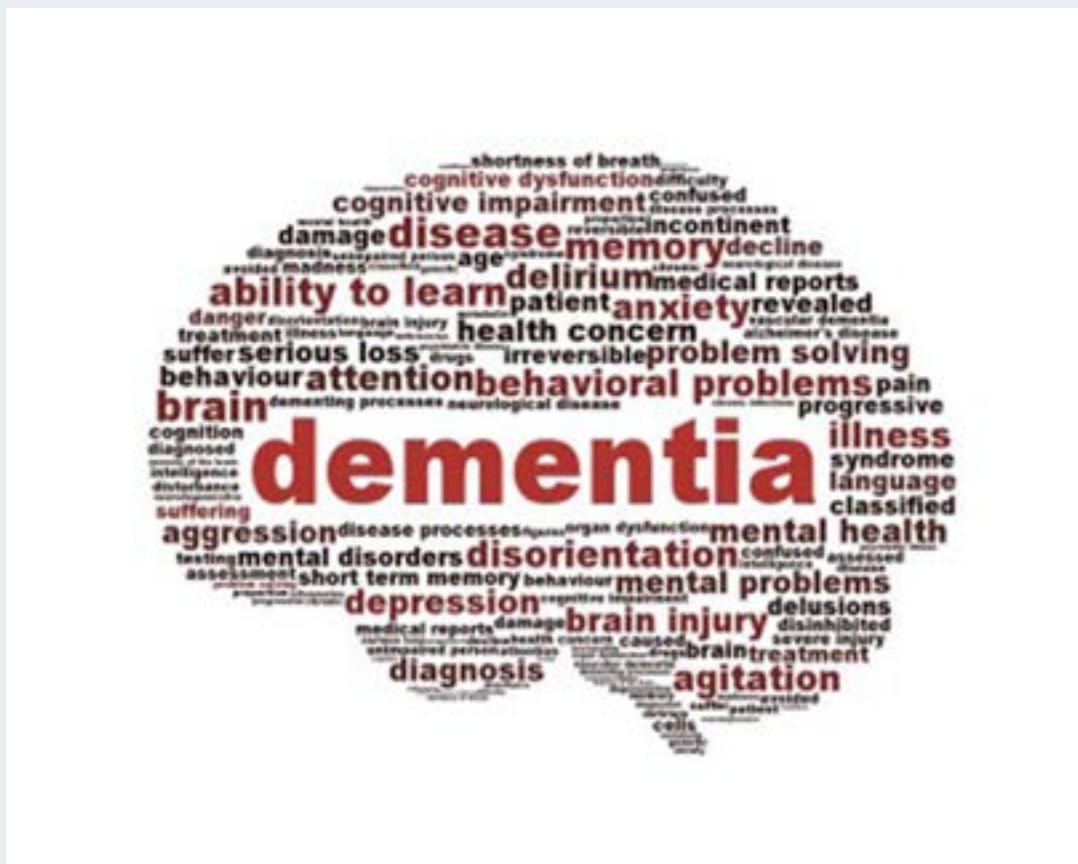
**In this five-year study, BADAC health service staff will be involved in developing and participating in education and training on best practice care for cognitive impairment and dementia, and a number of resources will be created and tested in collaboration with the project team.**

**As the project progresses we will also be holding community events to raise awareness about dementia and cognitive impairment.**

**A key focus of the study is to improve rates of early detection because we know that a lot can be done to slow down progression of the condition when it is picked up in the early stages.**

**We are very keen for anybody in the Community who has an interest in dementia to have input into the research.**

If you would like to be involved, or to find out more about the dementia study, please contact Merri via medical reception or Jo Hughson from the University of Melbourne ([hughson@unimelb.edu.au](mailto:hughson@unimelb.edu.au) , 0481 900 008).



# NAIDOC AWARDS

## MR. NAIDOC 2018—COOPER CRAIG-PETERS



**COOPER CRAIG-PETERS** Cooper's traditional country is Wurundjeri – Yorta Yorta . Cooper has always been an active member of community, and continues to be involved in events and groups in the community that not only benefit him but others too. He enjoys sharing his knowledge and insight gained from activities attended. He is a great role model to his brothers and sisters and also to the wider Aboriginal youth Community. Cooper is a proud young Aboriginal man who loves to share his culture and life experiences with others, especially those younger than him.

Being part of the Western Bulldogs Real Strength Series 2017, he designed the 2018 Indigenous Guernsey for the Western Bulldogs. He is a TAC Cup Rebels player and also in the Western Bulldogs Next Generation Academy.

He is an active participant of the Baarlinjaan dance group, KHub Youth Group, - AIME participant and he is also a part of City of Ballarat Young Entrepreneurs Program.

His will to succeed also shines through at school achieving 80's in all his subjects at school as well as being part of School Congress.

## MS. NAIDOC 2018—SHIANNE MILERA



Shianne Milera is a young Nurrunga woman who has recently completed her Dental Assistant Certificate III, at Ballarat Health Services Dental Clinic.(BHS)

Shianne works full time in her role and has shown a flare in many aspects of her day to day workings at BHS Dental. Her success in her Traineeship has increased her confidence and this has opened her mind up in ways to further her career.

Shianne's journey has inspired many around her from a shy young indigenous woman lacking confidence, having experienced racism, and a lack of safety in her last employment. Shianne's ability to step up and work on clear communication with the management Team has helped her build strong working relationships.

Shianne truly deserves recognition for her hard work and determination in educating herself and wanting to educate staff on indigenous culture. She has become confident, often questioning, exploring options, and giving ideas. Shianne was a Key stakeholder in the development of our values at Ballarat Health Services, sitting on this committee and contributing her ideas.

Shianne has tackled every challenge that has come her way professionally and fairly, helping everyone around her to do the same. Dental assisting can be difficult and stressful at times but Shianne's even manner is never compromised in difficult circumstances she remains professional and always focused on striving for great outcome for her patient.



LEFT:

**RUNNER UP—  
MS. NAIDOC 2018  
Macaylah Johnson**



ABOVE: **RUNNER UP MR. NAIDOC 2018 -**

**Zane Pfeiffer with Ash Egan**

# NAIDOC AWARDS

## GROWTH IN SPORT, EDUCATION & LEADERSHIP—FEMALE



This award went to **RHIANNON SMITH**, for showing her leadership and showing a strong positive example for her children. She has moved to Horsham, set herself up there, has a new job with Grampians Indigenous Family Violence Regional Action group . She has shown what determination and strength of character can do if you put your mind to it

## GROWTH IN SPORT, EDUCATION & LEADERSHIP—MALE

**MICKITJA ONUS** is a successful and keen team player at football, currently playing for east point and doing well. He also has started a Traineeship in the department of housing and is setting an example in working and playing hard.

## COMMUNITY PARTICIPATION AWARD—MALE

This award went to **LES NIKKELSON** – Les started coming to Friday's Do Drop In group about a year ago, we had asked him would he be willing to teach wood carving skills to craft group, Les has provided a mentor role to the younger guys who attend who have got to know him well and have a lot of respect for him. His intelligence and sharp wit brings a fun aspect to the day and many come now to the group just for the social aspect.

He is a very talented wood carver and has shared his skills with those who wanted to learn the craft. Some he has guided with step by step tuition from helping them cut out a pattern all the way to finishing their work. He can make carousel horses from tiny ones to full size carnival ride size. kangaroos and some boomerangs. He is patient and takes time to explain why and how to do things .We are grateful to him donating his time and skills to educate others to a new craft.



## COMMUNITY PARTICIPATION AWARD—FEMALE

**MAUREEN EVANS** volunteered many months ago to be involved in a cooking group that would make up emergency relief cooked meals for the freezer here at the co op. Recently she hasn't been able to get in and so has continued preparing ready made meals for the co op for people in time of need. She has recently prepared her 100<sup>th</sup> meal for our freezer. We have always had emergency relief hampers but they weren't pre prepared food, what Maureen is providing is cooked and portioned size meals so that they only have to be reheated. This is very appreciated for community members who are in need or are ill. We appreciate her putting in the time giving back to the co-op.



# Naidoc Awards

## **RAISING THE PROFILE OF THE ABORIGINAL COMMUNITY (Aboriginal Community Member) —MALE**

This award went to PETER LOVETT, he not only works full time and is father to some active kids, he also always shows willingness to take culture out into the wider community, often doing talks and presentations at school, etc.

He has a huge knowledge of culture and is a valuable asset to this community. He is also is an excellent didgeridoo player,. This award is in recognition of what he gives back.



## **RAISING THE PROFILE OF THE ABORIGINAL COMMUNITY (Aboriginal Community Member) —FEMALE**

This award went to CINDY PICKFORD, in conjunction with the Maternal Child Health unit at BADAC, makes new baby welcome packs for all new babies born in 2018. It was her own initiative and she donates the baskets and much of the items herself. She says she wanted new babies welcomed with something special and hopes to increase family participation in the maternal child health service at BADAC.

She willingly puts the time, cost and effort into doing this and BADAC gives this award in recognition that we acknowledge and much appreciate her effort

## **STAFF RECOGNITION AWARD—FEMALE**

**FAYE CLARKE** has been a dedicated worker here for many years, as well as a full time worker she has been Chairperson on the board for many years which involves a huge workload of voluntary work . Last November she stepped down from the Board but regardless she is often the last one in the building to leave, staying back making sure clients are transported or doing paperwork for them. Her dedication to the community and her work



## **STAFF RECOGNITION AWARD—MALE**



Leigh works quietly in the background at BADAC but he has brought the co-op back into financial surplus the last 5 years. The place has got bigger and bigger and keeping control of the financial side of the place with funding coming in from so many avenues and being able to manage it and control it is a huge undertaking. His sound financial guidance and strong working relationship that he has with the CEO who has to manage the daily running of what is now a huge organization has put the co-op in the very strong position that it is now.





# PLATYS PAGE



HOW MANY NATIVE AUSTRALIAN CREATURES CAN YOU SEE IN THIS PICTURE?

CAN YOU NAME THEM ALL?

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# Health & Social Wellbeing

## BADAC Keela Borron



The term “Keela Borron” in Wathaurong language means “Speak Children” and represents the core values of this new project, which is to listen to the voices of the children past and present, to support the healing of families and strengthen cultural connections

Keela Borron is a program developed by the Ballarat and District Aboriginal Co-operative in consortium with Ballarat Health Services - Mental Health Services as a part of a demonstration project funded by the Department of Health and Human Services

The project aims to improve the mental health and wellbeing of parents who have a moderate to severe mental illness with Aboriginal and or Torres Strait Islander children and prevent the placement of their children in out of home care as well as supporting family unification

This includes associated:

Trauma - Multiple Health needs - Social Support -Alcohol and other drug issues  
Involvement or risk in child protection/out of home care  
Frequent interaction with police and/or involvement in the correctional System

If you have any questions regarding this project, please contact the Social & Emotional Wellbeing team at  
8 Market St  
on (03) 5331 5344 – Prompt 3





# Health & Social Wellbeing

## WOMEN'S GROUP

Grandmothers, Aunties, Sistas and Daughters gather  
for a yarn, feed and some time out

Once a month

8 Market Street

contact Catherine or Jo

## MEN'S GROUP

Once a Fortnight Come for a meal, a yarn  
and connect with the community

If you wish to join the group

contact Peter or Kelvin



## YOGA IS FOR EVERYONE

**WHEN**  
Tuesdays 3:30pm to 4:30pm  
Thursdays 12pm - 1pm

**WHERE**  
KFS Lydiard street  
Pana room  
Bellarat and District Aboriginal Co-op

First things first:  
Sadiri - is inner deep  
Listening and quiet still awareness  
Our day to day life is full of distractions  
doing yoga can be beneficial  
it can remove stress and anxiety

Make this time for yourself  
40min stretching  
20min full body relaxation

**NO COST**  
**ALL AGES**  
**STAGES**  
**ABILITIES**  
**GENDER**

**ENHANCES**  
Flexibility  
Blood circulation

**PROMOTES**  
Healthy eating  
Sleeping patterns  
Improved physical  
psychological  
Spiritual &  
Emotional Wellbeing

**EQUIPMENT**  
Comfortable clothes  
Water bottle  
Yoga mats provided



For more information or to join a group

Contact Well Being Services

8 Market Street BADAC

On 5331 5344 - Prompt 3

# Important Visitors



During July 2018, BADAC welcomed a visit from Minister Foley, who is the minister for Housing, Disability & Ageing; Mental Health; Equality; and Creative Industries.

Minister Foley announced the next round of important funding for the “Ice Action Grant” which is a State Government initiative offering financial assistance to programs and projects which work to counteract the problem of methamphetamine (ICE) issues in our Community.

Karen Heap addressed Minister Foley by stating “The Ice Action grant is a fantastic Initiative. It is great to see government listening to community, and directing funding to where it is urgently needed.”

BADAC received funding in the previous round which enabled the creation of a short video ‘I Can Embrace Change.’ This film is another great example of government and community partnerships in action.

Celebrated Aboriginal artist Josh Muir drove the project. Josh is a Yorta Yorta/ Gunditjmara man who grew up in Ballarat. He worked with BADAC’s Peter Treloar to develop the concept and then used his creative vision and deep understanding of Aboriginal youth and some of the problems they face to write the film script.



# Family Violence Program

The Family Violence Project operates from 4 Market St.

We are here to support those in the community who want to change the way they treat their partners/family members for the better.

We say support because that's exactly what we do. We support community members who want to take responsibility for violent or abusive behaviours against family, ex/partners, and or children.

We believe that most people don't enter relationships thinking they want to hurt their partner, but we do know that a lot of the time this happens because people don't have the skills and understanding to change the way they treat those around them. That's what we can help with!

We provide advice, FV education, strategies, court support, promote healthy relationships, and offer solo, family or couples counselling in a non-judgemental way.

We hope to link people with the program to learn new skills so they can understand and change their problem behaviours and become better partners and parents.

We are based at 4 Market St and encourage you to come and have a confidential yarn if you have any questions, think we may be able to help, or help someone you know.

Not sure if you need some support?

- Have you hurt people you love?
- Do you struggle controlling your anger?
- Do you have an IVO against you?
- Do you ever feel like your behaviour is controlling?
- Are you sometimes overcome with emotion?
- Have you ever felt your partner or family are scared because of your behaviour?
- Do you say things to loved ones and regret it later?
- Has any of this got you in trouble with the Police?

If you answered YES to any of the above questions, you may benefit from our support. If you have any questions please call Ash, Matt, Tanya, or Fran at BADAC on 5331 5344, ask reception in the community area, or come and see us at 4 Market Street.

**Participation in the FVP is voluntary.**





# Naidoc Day 2018

## Community Celebration

On July 11th BADAC celebrated Naidoc Week by organizing an Open Day at the Ballarat Showgrounds.

This was the first year BADAC had utilized the Showgrounds as a venue, which provided the community with a large all weather space, filled with stalls offering free information, arts and crafts and interesting exhibits.....along with hundreds of black, red and yellow balloons!!!

Everyone was entertained by Indigenous Hip Hop Projects who once again had everyone up and dancing, celebrating their culture with the theme of “NO SHAME”.

Recipients of the local Naidoc awards were presented to well deserved community members (See Pages 10—12)

As always, hungry tummies were well fed by a Community Barbeque, and young ones...and not so young ones enjoyed fun activities all day.

A HUGE Thankyou must go to Natasha Collins and Leanne Gafa who were the amazing organisers of the event from the beginning. Everyone agrees they did a fantastic job of ensuring the event was a success! Of Course, now our thoughts turn to Naidoc 2019, where we will make the event even better!

There were many people who also put in a special effort, including Michael Hetherington and Mick Clark, and also many of the BADAC Staff who did a lot of work setting up the area, contributing to stalls and exhibits and working on the day to assist with cooking and activities.

BADAC would like to say a Big THANKYOU to all visitors and contributors /stall holders at the event. The success of the event was made possible because of all of you!



LEFT: Karen Heap and Natasha Collins

RIGHT: BADAC STAFF



# Naidoc Day 2018





# Naidoc Happy Snaps





# Naidoc Happy Snaps



# BADAC Youth Group



**Any children from Prep to Grade 6 interested in our Junior Youth Groups?**

**MONDAY** is Homework group at the Ballarat Library from  
3.45pm—4.45pm

**TUESDAY** will be a range of life skills, cultural and craft activities from 4pm—5pm

**WEDNESDAY** is our Senior youth group from grade 7 upwards and will be at the Koori Hub on Main Road from 4pm—6pm

**If you have a child/children interested in participating in any of our youth groups please contact**



**Emily Buzzacott, Amanda Rowland or Amber Barker-Lovett on 5331 5344.**

**\*PLEASE NOTE** we have limited number of pick ups available.

## Congratulations Ballarat Royals



On Saturday the 18<sup>th</sup> August 5 of our deadly boys took part in their first Lacrosse tournament at Surry Hills in Mebourne.

Tynan Craig-Peters (captain), Hudson Craig-Peters, Denvor Herbertson, Connor Nikkelson and Michael Raggett took part in their first ever game playing 6 round robin games in a lightning lacrosse 6 on 6 tournament.

The boys had 2 wins throughout the morning and learnt so much from taking part in the event. The team was nervous but they all left with smiles on their faces and looking forward to participating in future events.

A special thanks to the parents for taking them down as it was quite an early start for families.

If anyone is interesting in joining the Lacrosse team, training is on Monday's at 4pm-5pm for more information please call Amanda on 53315344



# BADAC Youth Group

## CALENDAR SPRING 2018

28TH & 30TH August—Yuille Park

CRAFT

4TH SEPTEMBER

BALLARAT LIBRARY

6TH SEPTEMBER BUPA

305 Smythes Road Delacombe

11th SEPTEMBER - CO-OP

SENSORY

13TH SEPTEMBER—SPECIAL SCHOOL

800 NORMAN STREET

18TH SEPTEMBER—CO OP

CRAFT

18TH SEPTEMBER—HAPPY JACKS

**COST INVOLVED**

## SURFING VICTORIAS INDIGENOUS SURF TOUR

### BADAC SESSION

**Location: Bancoora Beach**

**Date: 1st October 2018**

**Time: 1-3pm**

Surfing Victoria's Indigenous Surfing Regional tour is a program aimed at giving the indigenous community the opportunity to learn to surf as well as gaining some very important water safety knowledge.

The session will include Surfing Victoria's qualified Indigenous coaches and role models. Surfboard and wetsuits all supplied.

What to bring : Snacks, water, towel and bathers

For further information please contact Jordie Campbell

[jordie@surfingvic.com](mailto:jordie@surfingvic.com)

0488935183





# Fines Reform

## Let us help you with your fines

Just a reminder to all Community Members about the changes to fines in Victoria are slowly changing.

If you have an outstanding fine or warrant which you would like to discuss with BADAC's Local Justice Worker, please call in and see Sue at Lydiard Street or contact her on EXT 171.

Badac is a **Work Development Permit Sponsor**, which allows for eligible community members to pay off their fines by accessing services or doing voluntary work. This has been a fantastic initiative of the Victorian Government and is working well for many of our mob.

With further reforms planned for the near future, it is advisable to address your outstanding fines as soon as possible, as the NSW system will soon be implemented to Victoria, which will give Fines Victoria the power to **deduct outstanding fine amounts from your bank account**. This new system will come as a surprise to many, however will be rolled out in Victoria over the coming months.

To avoid a surprise, please come in and discuss your fines and let us show you the different ways we can help you take the stress of debt off your shoulders!



## Free Food—FOOD HUB COMMUNITY PROJECT

**FOOD HUB IS A HARVESTRY MINISTRY OF FOOD COMMUNITY PROJECT.**

[www.harvestministryoffood.com](http://www.harvestministryoffood.com)

Head down to the Corner of Dawson and Mair Streets Ballarat

**“FREE” MEALS ARE AVAILABLE EVERY THURSDAY FROM 11.30 AM—1.00 PM!**

**FOOD BANK IS OPEN EVERY FRIDAY FROM 2.00 PM—3.00 PM**



# Statewide Football & Netball Carnival

## Hoops Against Violence



Amber Barker-Lovett, Jared Guy, Zane Pfeiffer and Jackson Bunting enjoyed playing in the recent Hoops Against Violence Basketball Competition in Ballarat. recently.

## STATEWIDE FOOTBALL & NETBALL CARNIVAL



The Statewide Football & Netball Carnival will again be held in Ballarat on 12th, 13th and 14th October.

With all events happening at Mars Stadium, the event will kick off on Friday 12th October with an Acknowledgement of Country.

The Football and Netball Competitions will commence on Saturday 13th and continue through Sunday 14th .

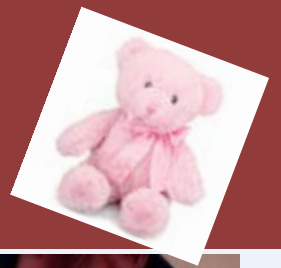
For more information please phone Emma Hall—0455 528 733

[hi@retroeventsmarketing.com](mailto:hi@retroeventsmarketing.com)





# Welcome to Newbies



ON THE 5TH AUGUST 2018 WE WELCOMED

**ILA MAREE PERDRISAT-WARD.** Weighing 2.6 kilo's she is a beautiful Daughter for Brianna (Koorie Family Services)



## KFS – Stronger Families

Stronger Families is intensive holistic family support, with the aim to help families develop positively so they can stay together, with children growing up in their own homes where possible. DHHS refer clients onto Stronger Families at BADAC if it is appropriate for the family. We then work collaboratively with other BADAC services and other support agencies to help meet the family's individual needs. Stronger Families are involved with a family for 12 months.

If you think this program might be suitable, speak with your DHHS case manager about a possible referral.

Stronger Families – Dot Farquhar and Deanne Jakiel-Hayes Lydiard St.



## Cultural Dolls by Karyn Barker





# Cultural Family Camps



## Deaf Aboriginal Cultural Family Camp

26 - 28 October 2018

**UC Camp Acacia**  
**63 - 67 Grampians Rd Halls Gap**  
**Gariwerd (Grampians) National Park**



**Are you growing up deaf or hard of hearing and you're Aboriginal? Then you and your family are welcome to join us for this fantastic camp experience!**

Deaf Children Australia (DCA) is excited to partner with Victorian Aboriginal Education Association Inc. (VAEAI) for this great camp with fun cultural, social and recreation activities that will strengthen participants' sense of identity as proud young deaf Aboriginal people.

Make new friends who share similar experiences. Visit the Brambuk National Park and Cultural Centre, and learn more about the cultural significance of Gariwerd. Talk about being strong and deadly!

The camp is free, including all activities, food and accommodation.

You will need to make your own way to Halls Gap or Stawell. DCA will have a shuttle service available from Stawell Train Station to Halls Gap. Talk to us about your travel plans in case we can coordinate with other camp participants. We have a small amount of funds to assist with transport so if needed, please ask when you register.

Applications close Friday 12 October.  
Get in soon so you don't miss out!

**Email:** [helpline@deafchildren.org.au](mailto:helpline@deafchildren.org.au),

**Phone:** Greg on 1800 645 916

**More info:** [www.deafchildreनाustralia.org.au](http://www.deafchildreनाustralia.org.au)

The camp is available to school aged Victorian children and their families at no cost through the generous support of the Department of Education and Training Victoria.



Victorian Aboriginal Education Association Incorporated

# Uluru Statement

## Statement from the Heart

On Tuesday 14 August 2018 Ballarat had the opportunity to hear from Thomas Major who was a delegate to the Uluru Statement process.

The Aboriginal and Torres Strait Islander tribes gathered at the 2017 National Constitution Convention from all points of the southern sky and developed the statement from the heart.



Those attending the presentation heard the culturally inclusive processes that gathered together the voices of community leading up to the National Constitutional Convention.

Excerpt from the Uluru statement:

*This sovereignty is a spiritual notion: the ancestral tie between the land, or 'mother nature', and the Aboriginal and Torres Strait Islander peoples who were born therefrom, remain attached thereto, and must one day return thither to be united with our ancestors. This link is the basis of the ownership of the soil, or better, of sovereignty. It has never been ceded or extinguished, and co-exists with the sovereignty of the Crown.*

*How could it be otherwise? That peoples possessed a land for sixty millennia and this sacred link disappears from world history in merely the last two hundred years?*

*With substantive constitutional change and structural reform, we believe this ancient sovereignty can shine through as a fuller expression of Australia's nationhood.*

The full Uluru statement can be found at:

<https://www.referendumcouncil.org.au/event/uluru-statement-from-the-heart>

Thomas stated that the call was for the establishment of a First Nations Voice enshrined in the Constitution. A Makarrata Commission is sought to supervise a process of agreement-making between governments and First Nations and truth-telling about our history

Reported by Sandy Anderson



Reclink Australia provides evidence-based sport and art programs to disadvantaged Australians to create socially inclusive, life-changing opportunities.

In partnership with more than 200 community organisations, Reclink Australia's programs create pathways to improved health and wellbeing, education and employment outcomes for all participants.

There is no other social inclusion program in Australia with the reach and impact that Reclink Australia's model currently has.

In Ballarat region, activities are organized by the Programs Unit of VicPol, with clients from Youth Justice and Local Justice representing BADAC Ballarat Bushrangers Football Team.

This year, the team played 10 games, including games at Bendigo, Ballarat, Melton, Maryborough, Malmsbury and Sunbury.

Teams competed in the Grand Final at JL Murphy Reserve, Port Melbourne on Wednesday 29th August.



## Modelling Program



Beautiful Sisters Deadly Brothers modelling Program.

The program ran for 8 weeks for youth aged between 14 – 18 years .

The aim of the program was to build pride, Self-esteem, confidence and teamwork for our young people.

It Was held at the Mecure Inn on 25th

August 2018





# Useful Information

## New Members Welcome

### Thinking of becoming a member?

Membership of BADAC is open to all members of the Ballarat and District Aboriginal Community.

To be a member you must have lived in the Ballarat Region for 12 months and you must be Aboriginal and/or Torres Strait Islander.

People who are married or De facto partners of Aboriginal and/or Torres Strait Islanders are also able to become members providing their partners are eligible for membership

**Membership is a great way to connect with BADAC's services and your community.**

Contact Reception to find out more!

Ph:03 53315344

## Contact Us

**Ballarat and District  
Aboriginal Cooperative**

**P.O. Box 643**

**Ballarat VIC 3350**

**5 Market**

**Ballarat VIC 3350**

**T: (03) 5331 5344**

**F: (03) 5333 1637**



## Our Services

BADAC supports the health and wellbeing of the Ballarat and District Aboriginal community with a range of holistic services, including:

- ☐ **Baarlinjan Medical Clinic**
- ☐ **Koorie Family Services**
- ☐ **Stronger Families**
- ☐ **Integrated Family Services**
- ☐ **Kinship Care**
- ☐ **Aboriginal Family Lead Decision Making (AFLDM)**
- ☐ **Early Years/Playgroup**
- ☐ **Home and Community Support**
- ☐ **Emergency Housing**
- ☐ **Drug and Alcohol Rehabilitation Support**
- ☐ **Social & Emotional Wellbeing Program**
- ☐ **Justice Support**
- ☐ **Family Violence Support**

### Have you changed your Address?

If you have please let our reception know either by dropping in or giving us a call (03) 5331 5344

**Want your magazine  
delivered via email**

Email: [reception@badac.net.au](mailto:reception@badac.net.au)

# Useful Information



## Indigenous Tertiary Information Services

Meet and connect with Indigenous staff from Victorian Universities.

A wonderful opportunity to ask questions, find out about pathways and support available at each university.

**Date:** Wednesday 19th September

**Time:** 4pm - 7pm

**Venue:** S Building,  
Federation College,  
Grant Street, Ballarat

**Refreshments Provided**

Learn about:

- ✦ Each Vic University
- ✦ Planning for university
- ✦ Pathway options
- ✦ Entry opportunities
- ✦ Scholarships
- ✦ Support available

Please register to ensure adequate catering

Book online at [toorongmarnong.com/events](http://toorongmarnong.com/events)

To discuss transport options, for further information contact  
Kristy Lillyst on 0429 109 953 or email: [kristy@toorongmarnong.com](mailto:kristy@toorongmarnong.com)

OR

VAEAI on 03 9481 0800 or email: [vaeai@vaeai.org.au](mailto:vaeai@vaeai.org.au)





## Important Numbers (After Hours)

### **Triple Zero 000**

The Triple Zero (000) service is the quickest way to get the right emergency service to help you. You can contact Police, Fire or Ambulance in life threatening or emergency situations.

### **Lifeline 13 11 14**

24 hour crisis support and suicide prevention service.

### **Kids Helpline 1800 551 800**

Helpline for children.

### **SuicideLine Victoria 1300 651 251**

SuicideLine is a 24/7 telephone counselling service offering professional support to people at risk of suicide, people concerned about someone else's risk of suicide, and people bereaved by suicide.

### **Parentline 13 22 89**

Parentline Victoria is a state wide telephone counselling, information, and referral service for parents and carers of children age 0-18 years. Parentline's hours are 8am-12 midnight 7 days a week.

### **BHS Mental Health Services 1300 661 323**

Anyone can contact Mental Health Service if they are worried about their own changes in mood, ideas or behaviour, or someone else living in the region.

### **National Debt Hotline 1800 007 007**

A national, free, confidential & independent financial information service.

